

# Alexandria Gazette

VOL. C.—NO. 159.

ALEXANDRIA, VA., SATURDAY EVENING, JULY 8, 1899.

PRICE 2 CTS.

MEDICINAL.

MEDICINAL.

ROYAL HEADACHE TABLETS.

## R. H. T.

DO YOU SUFFER WITH  
**HEADACHES?**  
**INDIGESTION?**  
**NERVOUSNESS?**

Or any other trouble caused by a disordered stomach?

### ROYAL HEADACHE TABLETS

Will at once give relief and almost as quickly cure the cause.

Take one or two of the tablets after each meal.

SOLD BY ALL DRUGGISTS—10 CENTS.

Royal Headache Tablets Are Absolutely Harmless.

FERTILIZERS, &c.

J. P. ROBINSON, President.

GEO. S. FRENCH, Secretary.

### Alexandria Fertilizer and Chemical Company,

MANUFACTURERS OF

Fertilizers, Fertilizer Materials and

Blue Windsor Ground Plaster,

PRINCESS STREET, BETWEEN UNION

AND LEE.

an14 ALEXANDRIA, VA.

WHOLESALE & RETAIL GROCERS

JOHN AHERN & CO.

WHOLESALE AND RETAIL GROCERS

AND DEALERS IN

PURE WINES & LIQUORS

We hold largely in U. S. bonded warehouses

and carry in stock various brands of the best

PURE RYE AND MALT WHISKIES MADE

in store superior grades of Foreign

and American WINES, ALES, BROWN

STOUT, &c.

Satisfaction Guaranteed as to Price and

Quality.

Corner Prince and Commerce Streets.

J. C. MILBURN,

DEALER IN

FANCY AND STAPLE GROCERIES,

117 North Royal Street.

Alexandria, Va.

Proprietor of the Potomac Brand of Flour

which is unexcelled.

Offices Freshly Baked at Store.

W. A. JOHNSON & CO.,

WHOLESALE GROCERS

GENERAL COMMISSION MERCHANTS.

And Dealers in

ALL KINDS OF LIQUORS.

We have on hand Gibson's XX, XXX, XXXX

and pure Old Rye, Old Cabinet and Monogram

Whiskies; also Baker's and Thompson's Pure

Rye Whiskies, to which they invite the attention

of the trade.

Orders from the country for merchandise

shall receive prompt attention.

Consignments of Flour, Grain and Country

Products solicited, for which they guarantee

the highest market prices and prompt returns.

N. E. corner Cameron and Royal streets.

W. A. SMOOT, G. S. FRENCH,

W. A. SMOOT & CO.,

COAL, SALT AND PLASTER,

Alexandria, Va.

Office—Smoot's wharf.

Special attention paid to forwarding.

WATCHES AND JEWELRY.

TAKE YOUR

Diseased and Broken

Watches, Clocks, Jewelry & Silverware

TO:

### HENRY W. WILDT

Horological Doctor,

106 N. Royal Street, Alexandria, Va.,

Who will speedily and permanently cure all

ills that any of the above mentioned articles

may have.

—Rates Low for Good Work and Satisfaction

Guaranteed.

ICE DEALERS.

### ICE.

KENNEBEC ICE.

The standard of purity and solidity. Last-

ing qualities equalled by no other. Let the

RED WAGONS serve you. Give orders to the

drivers or telephone to No. 50. Full

weight and satisfaction guaranteed. Carload

lots and country orders a specialty.

### WM. M. REARDON.

### For Summer.

WE HAVE NOW ON HAND

A FINE LINE OF

ORGANDIES, FIGURED SWISS & LAWNS

At All Prices.

FULL LINE OF WHITE GOODS, PER-

CALES, PIQUES, CRASH SKIRTINGS,

COVERT CLOTHS, ETC.

FULL LINE OF MEN'S FURNISHINGS

BEST AT PRICES.

### A. C. SLAYMAKER,

429 King Street, -:- Alexandria, Va.

### Alexandria Gazette.

PUBLISHED DAILY AND TRI-WEEKLY AT

Gazette Building, 310 & 312 Prince at

TERMS:

DAILY. TRI-WEEKLY.

1 Year, \$5.00 1 Year, \$3.00

6 Months, 2.50 6 Months, 1.50

3 Months, 1.25 3 Months, .75

1 Month, .43 1 Month, .25

1 Week, .10

All transient advertisements must be paid for

in advance.

Contract advertisers will not be allowed to ex-

ceed their space unless the excess is paid for

at transient rates, and under no circum-

stances will they be allowed to advertise

other than their legitimate business in the

space contracted for.

Marriage and death notices must be paid for

in advance.

Resolutions in memoriam, of thanks, tributes

of respect, and of condolence, adopted by societies

or persons, unless of public concern, will

only be printed in this paper as advertisements.

The GAZETTE office is connected with the

Telephone Exchange. Advertisements, or-

ders for the paper, news or any information

or business can be sent by telephone.

(Entered at the Postoffice Alexandria, Vir-  
ginia, as second-class matter.)

Let us gather all the gladness

God has strewn along our way;

Bid the last year's pain and sadness

I like dark gloom-clouds flee away!

While we count our "many blessings,"

Dropped from skyland as the dew,

Scorn all evil doubts and guessings,

Knowing God is ever true!

One unchanging truth remember—

God is God, for aye and ever;

In life's dreary, gray November,

As in golden flow'ry May,

Yield to God a free thanksgiving,

In Lethe's waves our sorrows drown,

And may Christ of all the living,

Wear our praises as His crown.

Ah, past days and months momentous,

Fraught with all a Nation's woes;

War clouds low'ring, grim, portentous!

Yet, their gleaming linings throw

Silvery lights, bright as life's river,

Gliding onward to the Throne;

There slain heroes dwell forever,

Claim'd of Jesus, as His own.

On its fair banks balmy, vernal,

Camp-war-comrades sleep at ease;

Drinking at this fountain eternal,

Bathing in its healing tide;

Bid the dead "dead past" go bury

Its own dead—low let it lie;

Friends, be cheerful, if not merry,

As the days are moving by!

Let us take, as God has given,

Light and gladness wisely blend:

Times of Peace: days dark, war-torn, ven-

Ally by His own hand are not!

Let us take, and share with others,

Hearty, genuine, joy or woe;

Clasp our made all men as brothers,

"God is God, forevermore!"

Gather sunlight, radiant, shining

Down in dill's golden beams;

Yield no longer to repining,

Life is more than idle dreams:

Tail on, till the purple gloaming

Softly falls at setting sun,

When God's singing-reapers coming,

Bring to us the golden won.

Alexandria, Va.

"BICYCLE KIDNEY."

The "bicycle heart," produced by

excessive riding of the wheel, is a mat-

ter of common knowledge. Now, it is

alleged, there is such a thing as a "bi-

cycle kidney," or, at least, that wheel-

men subjecting themselves to strain by

long runs, sprinting, racing, &c., with-

out sufficiently careful training, devel-

op the signals of Bright's disease.

The Jefferson Medical College labor-

atory staff in Philadelphia has for some

time been making a study of the secre-

tions of the kidneys of professional

wheelmen and others addicted to long

rides. It was found that usually with-

in twenty minutes after a long ride

there were traces of albumen, or what

is known as albuminuria, which is one

of the symptoms of Bright's disease.

The difference between albuminuria in

athletes and Bright's disease is that

the former is temporary; it passes off

after twelve hours. If it does not the

kidneys are not doing the work they

ought to do.

The laboratory physiologists now have

under observation a number of men of a

bicycle club who are training for races.

Several of these have temporary albu-

minuria. In all cases but one the albu-

minuria disappeared in the regulation

time. In true Bright's disease "casts"

are secreted from the kidneys; in tem-

porary albuminuria these casts are not

present. If the wheelman shows al-

buminuria in a marked degree, and con-

tinues to ride excessively, he will

eventually become a sufferer from

Bright's disease.

The experiments of the medical col-

lege indicate that this danger is com-

paratively small, and less in the case

of the wheelman who maintains him-

self in good condition than in the case

of one who is irregular in his training

habits. Said Dr. Coplin, rector of the

laboratory on this point:—

"There is no doubt that danger ex-

ists, and everyone going into training

ought to be prepared for it. Men train-

ing for races, or addicted to speeding or

outruns, should keep themselves un-

der examination of a physician, who

can watch for the signals of kidney

troubles before the symptoms arrive,

for once the kidneys are sufficiently

damaged to give rise to symptoms it

may be too late to avert the disease.

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